From: National League Of Cities (NLC) on behalf of National League Of Cities (NLC) <news@email.nlc.org>
To: rhalfacre@cityofclemson.org
Subject: The Weekly: A Stress Relief Exercise for Local Officials
Date: Saturday, September 28, 2024 7:01:22 AM

NLC

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News & Insights **Upcoming Events** **Resources & Training** **Advocacy**

Arts for Well-Being: A Self-Directed Stress Relief Exercise for Local Officials

Working in municipal government can be stressful. That's why NLC spoke to an art therapist about the healing power of art and how you can harness it to ease tension and anxiety. Use this self-paced exercise to embrace your inner artist, ground yourself in the present, and let go – if even for just a moment – of what's stressing you out. **Learn more »**

TOP CONTENT

Webinar: Integrating Housing Stability in Your Community Resiliency Plans »

NLC Celebrates Race Forward's Cultural Week of Action »

Webinar: Expanding Equity through Inclusive Workforce Development »

INDUSTRY NEWS

- Local Leaders Oppose Broadband Permitting Bill - *Broadband Breakfast* (September 20, 2024)
- When States and Localities Disagree On Worker Protections, What's the Way Forward? - *Governing* (September 23, 2024)
- Congress averts a shutdown, setting up a lame duck fight in December - *Route Fifty* (September 25, 2024)
- City-by-city forecasts as Hurricane Helene barrels toward Florida and the Southeast - *The Washington Post* (September 26, 2024)
- New ADU Tools May Unlock Affordable Housing in Your Backyard - *American Planning Association* (September 26, 2024)

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RESOURCES

An In-Depth Conversation on Key Takeaways and Implications of How Green Schoolyards Create Economic Value
Nature-filled schoolyards aren't just great for children's health and climate resilience – they're also great for your local economy. Join this webinar to hear real-world examples of how green schoolyards are changing communities for the better. **Learn more »**

4 Ways Cities Can Provide Business and Financial Support to the Early Childhood Workforce
A strong early childhood workforce allows other segments of the workforce in your community to thrive. This blog explores the ways you can shape policies that will help your youngest residents and the workforce that supports them. **Learn more »**

Federal Workforce Legislation Hits Critical Juncture – Take Action!
Authorization for WIOA expired in 2020, but Congress has extended its authorization through the annual appropriation process without meaningful updates. Learn more about the status of WIOA reauthorization and use our link to easily contact your Senator to ask them to support workforce legislation before the end of this Congress! **Learn more »**

HELO

JOB OPENINGS

See Who's Hiring Right Now »

- Assistant County Manager -

Join the Team at NLC »

- Director, Public Safety and

Olathe, Kansas

- CHS Administrator/Public Health Supervisor - Worthington, Minnesota
- Assistant (Deputy) Village Manager - Scarsdale, New York
- Director of Urban Affairs - Raleigh, North Carolina

Justice Initiatives

- Senior Executive & Director, Center for Municipal Practice
- Program Specialist, Economic Opportunity & Financial Empowerment

Helpful NLC Links:
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